### Fisher, Alexander

From: Drew Carlson - Federation of State Medical Boards <dcarlson@fsmb.org>

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**To:** Fisher, Alexander

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Humayun J. Chaudhry, DO, MACP

## From the Office of the CEO

FSMB Director of State Legislation and Policy John Bremer and I were in San Diego a few days ago, to attend the American Medical Association's State Advocacy Summit, which was also attended by leaders of state medical societies, national specialty societies and various national organizations. Invited to moderate a roundtable discussion on medical student and clinician wellness - which included panelists Stefanie Simmons, MD, FACEP (Chief Medical Officer of the Dr. Lorna Breen Heroes' Foundation), Elizabeth Struble, MD (former President of the Indiana State Medical Association), and Michael Baron, MD (President of the Federation of State Physician Health Programs and Medical Director of the Tennessee Medical Foundation) – I was able to share FSMB's policy recommendations from 2018 that were adopted by our House of Delegates and to discuss why physician health is just as important as the health of the public, especially during a worsening healthcare workforce shortage.

According to a 2023 survey of more than 13,000 physicians in 31 states, 48.2% said they have experienced burnout. While that is an improvement (the percentage was as much as 62.8% in 2021, during the pandemic), the issue remains a persistent one for a variety of reasons that organizations like FSMB, FSPHP, American Medical Association, American Osteopathic Association and many others are trying to address with various levers and awareness campaigns. The current president of the AMA is Bruce Scott, MD, and the current president of the AOA is Teresa Hubka, DO, and both of them were at the summit, as was Raine Richards, JD, the AOA's Vice President of State and International Affairs.

Other topics of discussion at the day-and-a-half meeting included advances in generative artificial intelligence and its impact on healthcare delivery and regulation, the role of synthetic GLP-1 (glucagon-like peptide-1) receptor agonists to treat diabetes and obesity (and possibly Alzheimer's disease), and the November U.S. Presidential and state and federal legislative elections and their probable or likely impact on health policy and access to care.



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